

# Eyecedarglasses.com

## What strength of reading glasses should I get?

*Print our easy-to-follow guide to uncover the answer.*

Once printed, the line below should measure exactly 1 inch.



### How to Determine Your Reading Glasses Power, Please Follow the Simple Steps Below:

1. Hold the paper about 14 inches away from your eyes, without wearing glasses.
2. Start reading the chart below from the top row. If you cannot clearly read the top line, move to the next row.
3. Repeat this process until you can clearly read an entire row.
4. When you can clearly read an entire row, the number to the right of that row is the reading glasses power that best suits your eyes.

If this text is clear, your eyes will be happiest with this power.

+ 1.00

If this text is clear, your eyes will be happiest with this power.

+ 1.25

If this text is clear, your eyes will be happiest with this power.

+ 1.50

If this text is clear, your eyes will be happiest with this power.

+ 1.75

If this text is clear, your eyes will be happiest with this power.

+ 2.00

If this text is clear, your eyes will be happiest with this power.

+ 2.25

If this text is clear, your eyes will be happiest with this power.

+ 2.50

If this text is clear, your eyes will be happiest with this power.

+ 2.75

If this text is clear, your eyes will be happiest with this power.

+ 3.25

Tip: Please remove your glasses before using the diopter chart. If your vision differs between your eyes, test each eye individually by covering one eye at a time.